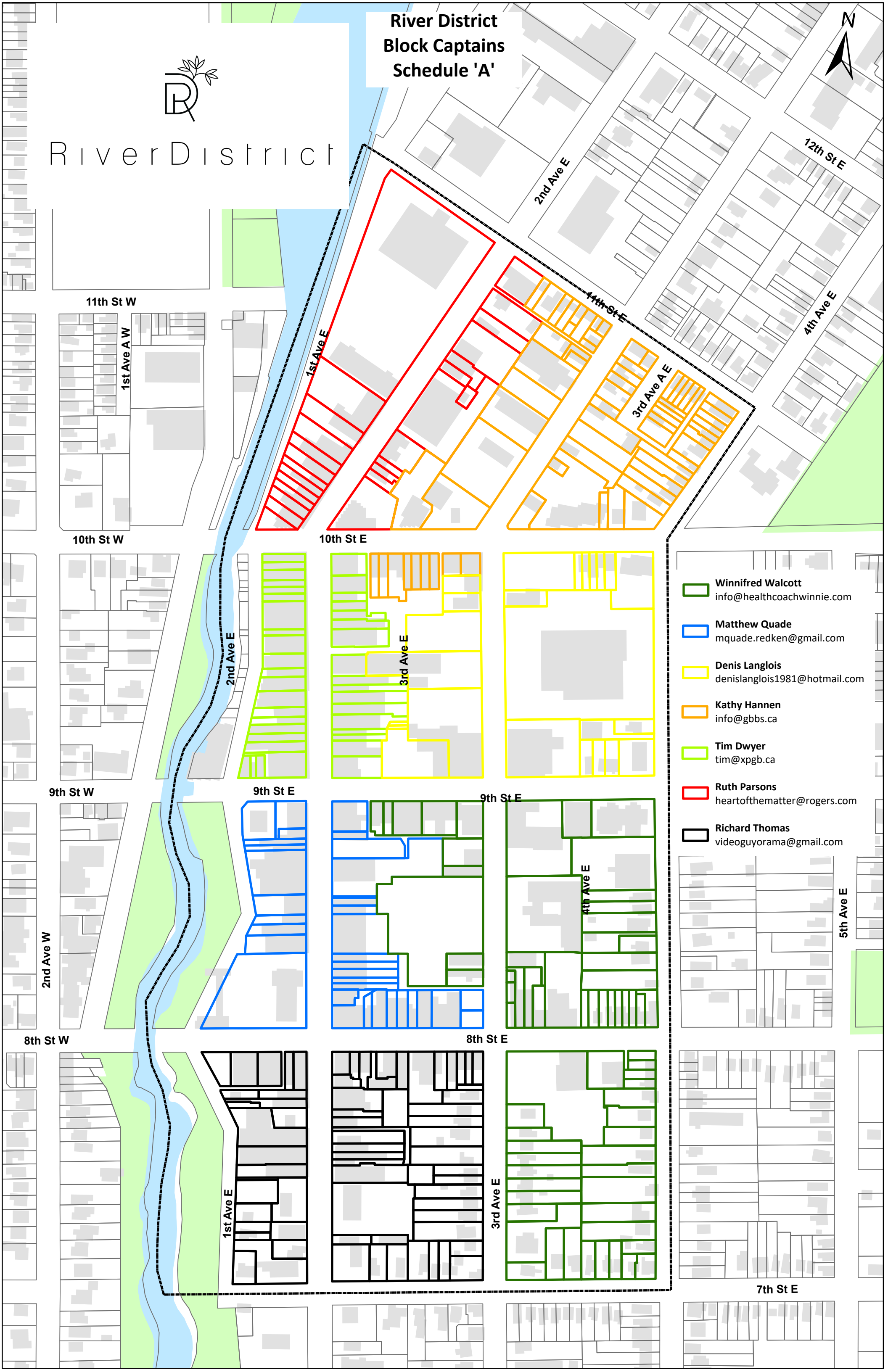











# River District

## River District Block Captains Schedule 'A'



-  **Winnifred Walcott**  
info@healthcoachwinnie.com
-  **Matthew Quade**  
mquade.redken@gmail.com
-  **Denis Langlois**  
denislanglois1981@hotmail.com
-  **Kathy Hannen**  
info@gbbs.ca
-  **Tim Dwyer**  
tim@xpgb.ca
-  **Ruth Parsons**  
heartofthematter@rogers.com
-  **Richard Thomas**  
videoguyorama@gmail.com